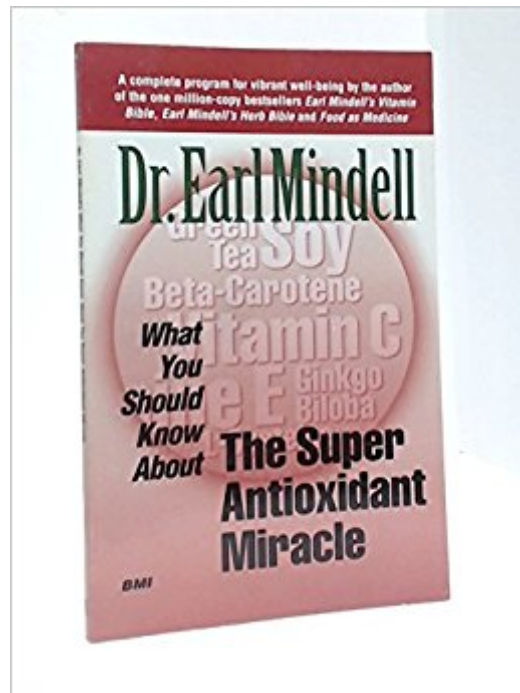




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What You Should Know About The Super Antioxidant Miracle



Book Information

Paperback

Publisher: Book Margins (1996)

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Customer Reviews

I bought this book for my girlfriend because I had already read this booklet and knew how many helpful hints it gave of antioxidants. I have been taking NAC for over 15 years, and this book gives a listing of the numerous benefits of NAC. It mentions several other antioxidants such as vitamin C and ginkgo biloba as well as green tea. NAC is definitely the best way to keep your lungs clear as well as keep your sinus tract from being congested. Smokers should definitely look into the benefits of NAC.

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